





Derived from the Italian "Cacio" meaning cheese and "Cavallo" meaning horse, this traditional stretched curd cheese dates back to the 14th Century from Southern Italy.

In using age-old techniques, Lioni's handcrafted semi-soft cheese has a smooth, relatively thin rind with a light-yellow color that intensifies with age.

Made from whole cow's milk from local farms and aged for 3 months, this delicious cheese is lightly salted with a buttery flavor and creamy texture.

Pair with fruits, nuts, and dried fruits, slice for sandwiches, melt in recipes, grate over pasta, or serve as a table cheese.

Nutrition Facts

VARIED Servings per Container Serving size 1 oz. (28g)

Amount per serving Calories

100

% Daily	Value*
Total Fat 7g	9%
Saturated Fat 4.5g	23%
Trans Fat 0g	
Cholesterol 20mg	7%
Sodium 260mg	11%
Total Carbohydrate <1g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%

Protein 8a

Vitamin D 0mcg	0%
Calcium 220mg	15%
Iron 0mg	0%
Potassium 20mg	0%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Pasteurized whole milk, starter, vegetable rennet, and salt. CONTAINS MILK.